



# Dietetics Program



## PRIMARY CARE CONNECT

The Dietetics Program provides up-to-date advice on food, nutrition and healthy eating. Our Dietitians work with clients to make gradual, sustainable changes to their lifestyle to improve their health and wellbeing.

The program provides expert, individual nutrition advice for a range of health conditions including Obesity, including the Health at every size approach, Malnutrition, Diabetes, Cholesterol Levels, Blood Pressure, Coeliac Disease, Inflammatory Bowel Disease, Irritable Bowel Syndrome, Diverticular Disease, Polycystic Ovarian Syndrome, Food Allergy and Intolerances, Anaemia, Osteoporosis, Eating Disorders and Pregnancy/Breastfeeding requirements.

The Dietitian is available for all members of the community, individual appointments as well as group programs can be provided.

To access the Dietetics Program, please ensure your GP provides a referral with your relevant medical information to our Intake program at Primary Care Connect. Call (03) 5823 3200

