



# Occupational Therapy

Primary Care Connect now has an Occupational Therapist (OT) in the new Allied Health Program.

Occupational Therapists work with people on day to day activities like

- taking care of yourself (such as dressing or getting around)
- looking after your home (cooking, cleaning or shopping), working or volunteering
- or doing hobbies or things you enjoy

OT's call these things 'occupations'. The goal of occupational therapy is to enable people to join in the occupations of everyday life that they want or need to do.

To access the OT at Primary Care Connect, please call (03) 5823 3200 and dial option 2 to speak to Intake and secure your appointment today.