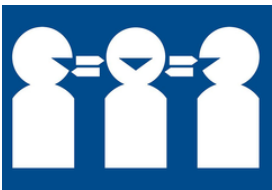


HOW CAN THIS SERVICE SUPPORT ME?

- We work with you to manage your health needs.
- We will ensure you are at the centre of every decision.
- If you feel you need support, we are here to help.

INTERPRETERS ARE AVAILABLE



We can arrange an interpreter if you need one.

MAKING AN APPOINTMENT

PHONE:

03 5823 3200 (PCC)

EMAIL:

mdcnurses@primarycareconnect.com.au

EMERGENCY CONTACTS:

Sexual Assault Crisis hotline:

1800 806 292

Nurse On Call VIC:

1300 60 60 24

Lifeline:

131114

*This program is funded by the Victoria Government
and is located within Sexual Assault
Multidisciplinary Centres*



Community Health Nursing in Multi-Disciplinary Centres (MDCs)



Free and Confidential

WHO ARE WE

Community Health Nurses work closely with all the other services within the MDC.

The Community Health Nurses offers a range of nursing services to support you and your families health needs.

- Female Nurses who have years of experience in supporting people with their health and wellbeing.
- Nurses that will treat you with sensitivity and respect your right to privacy and confidentiality.
- You have a right to be treated with respect and dignity
- We will provide care that is respectful of your culture, religion and sexual orientation.

Please note: The nurses do not replace the role of your counsellor/support person or other services you are currently accessing.

WHAT WE CAN DO:

- Support for your Health and Wellbeing.
- Support to identify your health care needs;
- Support to develop a plan on how to reach your health care goals and monitor achievements;
- Support you to access local health and community services;
- Support you with health information and education.

WHO CAN USE THE SERVICE?

- Anyone who has experienced sexual assault and their (non-offending) family members.
- Adults, young people and children.

IS THERE A COST?

NO - THIS SERVICE IS FREE.

You do not need a Medicare Card.

If there are any costs associated with other services, the nurse will discuss this prior.

WHAT HAPPENS NEXT?

- The nurse will make an appointment with you either face-to-face or by phone.
- Over the first couple of appointments, the nurse will complete a health assessment to help identify your health needs.
- Yourself and the nurse will develop a plan that may involve linking with other health support or education.