



Quarterly **Connect**

WE are **YOUR** community health connection!



Hello and **WELCOME** to the first newsletter from **Primary Care Connect!**

A Christmas message to ***our community***

As the year draws to a close, we're pleased to introduce the very first **Primary Care Connect Community Newsletter!**

This newsletter has been created to help keep our community informed, supported, and connected to our services — not just at Christmas, but throughout the year.



Whether you're a client, carer, health professional, or community member, our aim is to share clear, useful information that helps people access the right care at the right time.

Launching just before Christmas felt fitting — a time when connection, care, and community matter most.



We wish those celebrating a very Merry Christmas, and a relaxing, Happy Holidays to everyone!

About Primary Care Connect



Primary Care Connect has been providing free and low cost health and social services to community for over 30 years!

We service the Greater Shepparton, Mitchell, Moira, Murrindindi and Strathbogie Shires with our office located at **399 Wyndham street, Shepparton.**

Click on the **'Learn More'** button below to see the full range of our services, and to request a booking.

SERVICES LIST

Our vision for our community is that everyone is connected, supported and empowered to lead safe, healthy and happy lives.

From the CEO's desk



After celebrating 30 years of providing health and social services to community last year, we finish 2025 off with a commitment to engaging with our community more, ensuring that everyone knows what support is here locally for you and your families.

"Quarterly Connect" will be sent quarterly (you guessed it!) and will include:

- *Helpful information about accessing care*
- *Updates on services and programs*
- *Health and wellbeing tips*
- *Community and primary care updates*

Our goal is to keep things **clear, relevant, and useful**.

The holidays can be joyful, busy, and at times challenging for many people, please take some time to reach out to others and offer a helping hand if it is needed and be kind to each other. We want to acknowledge the incredible work of all our local health community services agencies and carers who continue to support the community during this time, and to recognise that everyone's holiday season looks different.

Wherever you find yourself this season, we hope you're able to find moments of rest, connection, and care.

We look forward to seeing you all in 2026 and connecting with you all throughout the year.

Trish Quibell

Christmas period opening *hours*

Primary Care Connect will close Christmas Day, Boxing Day and New Years Day.

Our office will otherwise remain open, and a reminder that our opening hours are:

8:30am - 5:00pm

Monday - Friday

399 Wyndham street, Shepparton



Stay *connected*

We'd love for you to stay in touch with us!

- ✉ **SUBSCRIBE** to this newsletter to receive future updates
- ✉ **SHARE** it with others who may find it helpful
- ✉ **LET US KNOW** what topics you'd like to hear about

Together, we can stay informed, connected, and supported.

From all of us at Primary Care Connect, we wish you a safe and restful Christmas and a healthy New Year.

CONTACT US

REQUEST AN APPOINTMENT