

# Parent Education Services



## PRIMARY CARE CONNECT

Hume Region Parent Education Service is a preventative program, providing education, information and support to parents and carers of children 0 to 18 years of age.

Support is provided on a range of parenting related issues and also incorporates strategies for parental self-care.

The Service provides up to six individual consultations of one hour duration in Shepparton.

Group Parent Education Programs and workshops are in Greater Shepparton, Moira, Mitchell, Murrindindi and Strathbogie Shires and are advertised on the Primary Care Connect website.

Schools, early childhood services and other agencies are welcome to enquire about hosting a program or workshop. Secondary consultation and resourcing is also available to professionals working with families.

To access the Parent Education Service please contact Primary Care Connect on (03) 5823 3200 or visit our website at [www.primarycareconnect.com.au](http://www.primarycareconnect.com.au)

### **Additional Supports**

Parentline on 132 289

Raising Children at [www.raisingchildren.net.au](http://www.raisingchildren.net.au)